


January 2019 Lunch & Breakfast Menu

GIRLS VARSITY BASKETBALL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>All breakfast and lunch meals come with: Fresh or Chilled Fruit Assorted Fat Free or 1% Milk</p> <p>DAILY BREAKFAST ITEMS Bagel Bar with cream cheese, Assorted Cereal & Yogurt, Assorted Cereal Bars or Muffin & Yogurt, Juice</p> <p>AVAILABLE DAILY Whole Grain Crackers Garden Romaine Salad Pre-Made Salads</p> <p>AVAILABLE DAILY Tuna Salad Sandwich Egg Salad Sandwich Turkey & Cheese Ham & Cheese or Peanut Butter & Jelly Sandwich</p> <p>PARENTS—Please visit www.myschoolbucks.com to manage your children's school accounts.</p>
<p>1/9 @ Lake George 6:00 1/11 @ Luzerne 5:30 1/14 Home vs. Healy 5:30 1/16 Home vs. Corinth 6:00 1/18 Home vs. Ft. Ann 6:00 1/22 Home vs. NDBG 5:30 1/25 @ Ft. Edward 6:00 1/29 @ No. Warren 5:30</p>		<p>1 HAPPY NEW YEAR!</p>	<p>2 Holiday Recess School Closed</p>	<p>3 Chicken Patty on whole wheat bun Flavor with your favorite sauces Carrots, Broccoli</p>	<p>4 NEW ITEM! French Bread Pizza, Fresh Garden Salad *Can be Vegetarian Meal HOT BREAKFAST Breakfast Pizza</p>	
<p>BOYS JV/VARSITY BASKETBALL 1/4 @ Hartford 5:30 1/8 Home vs. LG 5:30 1/11 Home vs. Luzerne 5:30 1/15 @ Corinth 5:30 1/18 @ Fort Ann 5:30 1/24 @ Whitehall 5:30 1/25 Home vs. Ft. Edward 5:30 1/29 @ No. Warren 7:00 (Varsity) 1/30 @ No. Warren 5:30 (JV)</p>	<p>7 Chicken Nuggets Broccoli, Carrots Assorted Specialty Sauces Whole Wheat Roll</p>	<p>8 French Toast Sticks Sausage Patty Hash Brown, Syrup</p>	<p>9 Hot Dog on Whole Wheat Roll, Fries Baked Bean</p>	<p>10 Pasta with Meatballs and Sauce Fresh Garden Salad Whole Wheat Roll <i>Fruit Slush available with lunch—fruit component</i></p>	<p>11 Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad *Can be Vegetarian Meal HOT BREAKFAST Breakfast Sandwich</p>	
<p>1/4 Grades 3-6 Academic Awards Assembly 1:45 1/8 PTSA Meeting 7pm 1/9 All-County Band Auditions 1/10 Board of Education Meeting 7pm 1/14 Spelling Bee 1/21 Martin Luther King Jr. Day—School Closed 1/22-25 Regents</p>	<p>14 Chicken Nuggets Carrots, Broccoli Assorted Specialty Sauces Whole Wheat Roll</p>	<p>15 TACO TUESDAY Taco Meat served with a soft tortilla Refried Beans, Rice Salsa & Cheese Corn</p>	<p>16 Chicken & Gravy Served with Mashed Potatoes Green Beans Whole Wheat Roll</p>	<p>17 STICKS DAY Chicken Sticks Celery Sticks Carrot Sticks Bread Stick</p>	<p>18 Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad *Can be Vegetarian Meal HOT BREAKFAST Pancakes</p>	
<p>CALENDAR OF EVENTS</p>	<p>21 Martin Luther King, Jr. Day School Closed</p>	<p>22 NATIONAL HOT SAUCE DAY <i>Elementary Student Council Choice Item:</i> Buffalo Chicken Dip with Tortilla Chips Celery Sticks Carrot Sticks</p>	<p>23 <i>Elementary Student Council Choice Item:</i> Cheesy Macaroni mixed with Hot Dogs Garden Salad</p>	<p>24 NATIONAL COMPLIMENT DAY Cheeseburger on whole wheat bun, Smile Fries Lettuce & Tomato Pickles <i>Fruit Slush available with lunch—fruit component</i></p>	<p>25 Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad *Can be Vegetarian Meal HOT BREAKFAST Breakfast Pizza</p>	
	<p>28 Chicken & Waffles Chicken Nuggets with Waffle Sticks served with syrup or gravy Baked Beans, Carrots</p>	<p>29 French Toast Sticks Sausage Patty Hash Brown, Syrup</p>	<p>30 NEW ITEM! General Tso Chicken served over rice Carrots, Broccoli Fortune Cookie</p>	<p>31 BACKWARDS DAY Cheese Grilled Soup Tomato Beans Green</p>	