

# Argyle Central School October 2018 Breakfast & Lunch Menu

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>New Breakfast Items <u>October 1-4</u> Strawberry Smoothie</p> <p><u>October 5</u> Confetti Pancakes</p>	1 Chicken Nuggets Broccoli, Assorted Specialty Sauces Whole Wheat Roll	2 Italian "Dunkers" Whole Wheat Roll topped w/mozzarella cheese & seasonings w/marinara dip Carrots & Cauliflower	3 Hot Dog on Whole Wheat Bun Double Dog 9-12 Smile Fries, Beets	4 <b>National Taco Day</b> Nacho Chips served w/taco meat, lettuce, cheese, tomato Refried Beans, Corn	5 <b>National Smile Day</b> Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad	<p><b>Calendar of Events</b> <i>October 3</i>—Gr. 8 Field Trip to ESF Campus <i>October 9-10</i>—Fire Prevention</p>
<p>New Breakfast Items <u>October 9-11</u> Apple Frudel</p> <p><u>October 12</u> Breakfast Pizza</p>	8 <b>COLUMBUS DAY SCHOOL CLOSED</b>	9 <b>NEW ITEM</b> Chicken & Waffles Chicken Nuggets served w/whole grain waffle sticks & spicy maple sauce, Broccoli Sweet Potatoes	10 Grilled Cheese Tomato Soup served with Roasted Chick Peas, Green Beans	11 <b>Taste Test Thursday</b> Chicken Patty served on whole wheat roll—add your own flavor: BBQ, Buffalo, or Ranch, Tater Tots Baked Beans	12 <b>National Farmers Day— Thank a Farmer Today</b> Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad	<p><i>October 11</i>—Board of Education Meeting 7pm <i>October 16</i>—PTSA Meeting 7pm <i>October 18</i>—Gr. 8 Field Trip to Career Jam <i>October 18</i>—PreK-12 Open House 6:30pm</p>
<p>Daily Breakfast Items for the month of October include: Bagel Bar w/cream cheese, Assorted Cereal &amp; Yogurt, Assorted Cereal Bars or Muffin &amp; Yogurt, Juice</p>	15 Chicken Nugget Bowl Chicken Nuggets served with mashed potato, stuffing & gravy	16 <b>Dictionary Day— Learn a New Word</b> Fajitas—seasoned fajita meat on a whole wheat wrap with refried beans, lettuce, tomato & cheese	17 Hot Turkey Sandwich Roasted Turkey & Gravy served on whole wheat bread Carrots, Green Beans	18 <b>NEW ITEM</b> Hot Meatball Sub w/mozzarella cheese & marinara sauce Oven Fries	19 <b>SUPERINTENDENT'S CONFERENCE DAY</b>	<p><i>October 19</i>—Gr. 6-12 Interim Reports Issued <i>October 20</i>—Booster Club Homecoming Dance <i>October 22-23</i>—Natural Helpers Training Retreat</p>
<p>All breakfast and lunch meals come with: Fresh or Chilled Fruit Assorted Fat Free or 1% Milk</p>	22 Chicken Nuggets Carrots, Baked Beans Assorted Specialty Sauces Whole Wheat Roll	23 <b>Breakfast for Lunch</b> Whole Grain Waffles served w/sausage patty & oven baked hash brown, syrup	24 <b>National Bologna Day</b> Bologna & Cheese Sandwich w/side salad OR <b>NEW ITEM</b> —Chicken Caesar Salad served w/bread stick	25 Chicken Parmesan Patty Served w/pasta Garden Salad	26 Cheese, Pepperoni, or Specialty Pizza Veggie Bowls w/light ranch dip	<p><i>October 23</i>—Gr. 4 Field Trip to NYS Museum <i>October 25</i>—Financial Aid Night 6pm <i>October 26</i>—PTSA Monster Mash Dance <i>October 26</i>—Gr. 7 Field Trip to Albany Visitor's Center</p>
	29 Chicken Nuggets Assorted Specialty Sauces, Broccoli, Whole Wheat Roll	30 <b>Taco Tuesday</b> <b>NEW ITEM</b> Chicken & Cheese Quesadilla served w/lettuce, salsa & Sour cream Refried Beans	31 <b>HAPPY HALLOWEEN</b> Ghost Burgers on a Goblin Roll Franken Fingers (sweet potato fries)	<b>AVAILABLE DAILY</b> Tuna Salad, Egg Salad, Turkey & Cheese, Ham & Cheese, and Peanut Butter & Jelly Sandwich	<b>AVAILABLE DAILY</b> Whole Grain Crackers Garden Romaine Salad	<p><i>October 31</i>—K-2 Field Trip to Washington Center 9am <i>October 31</i>—Elementary Parade 10am</p>