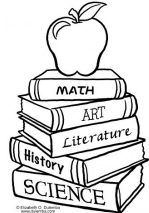



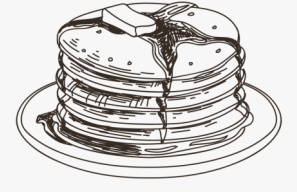


Argyle Central School September 2020 Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	4	
	7 <i>Labor Day</i> <i>School Closed</i>	8 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	9 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	10 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	11 Cheese or Pepperoni Pizza Or Chicken Patty on a Whole Wheat Bun Fresh Garden Salad Cinnamon Applesauce	
<i>Weekly Specials</i> Pretzel to Go Chicken Caesar Salad	14 Chicken Nuggets with Dinner Roll Green Beans Broccoli Applesauce	15 <i>BRUNCH!</i> French Toast Sticks with syrup Sausage Patty Oven Baked Hash Brown NY Grape Juice ♥	16 Orange Chicken served with steamed rice (Plain Chicken Available K-2) Carrots, Broccoli Pears	17 Chicken Fajita Meat served on a flour tortilla with rice, salsa, cheese, & sour cream, black beans Fresh Apple ♥	18 Cheese or Pepperoni Pizza or Chicken Patty on a Whole Wheat Bun, Fresh Garden Salad Cinnamon Applesauce	<i>Available Daily</i> • Pre-Made Salads • Assorted Sandwiches
<i>Weekly Specials</i> Yogurt to Go ♥ Buffalo Chicken Salad	21 Chicken Nuggets with Dinner Roll Or Cheeseburger on Whole Wheat Bun Carrots Applesauce	22 Soft Taco served with Nacho Meat, Lettuce, Cheese, Refried Beans, Rice, Corn, Taco Sauce & Sour Cream, Fruit Cocktail	23 Scalloped Potatoes & Ham served with Dinner Roll Green Beans Peaches	24 Chicken Alfredo with pasta, Bread Stick Fresh Garden Salad Fresh Apple ♥	25 Personal Pan Pizza Or Chicken Patty on a Whole Wheat Bun Fresh Garden Salad Cinnamon Applesauce	<i>Served Daily with Breakfast & Lunch:</i> Variety of 1% Milk ♥ NY Product
<i>Weekly Specials</i> Pizza to Go Garden Salad with Tuna Salad	28 Chicken Nuggets with Dinner Roll Or Cheeseburger on Whole Wheat Bun Baked Beans Broccoli, Applesauce	29 Buffalo Chicken Dip Served with Nacho Chips for scooping Celery Sticks Corn	30 Meatloaf served with Mashed Potatoes & Gravy, Carrots Bread & Butter Pears		<i>Menu Subject to Change per Food Service Department</i>	

Argyle Central School September 2020 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 7-12 Breakfast is in the Cafeteria	2 Breakfast Options Bagel Bars, Cereal Bars Cereal, Yogurt, Muffins	3 K-6 Breakfast is GRAB'n GO outside the Multipurpose Room	4 
7 Labor Day School Closed	8 Superintendent's Conference Day No School for Students	9 Superintendent's Conference Day No School for Students	10 Superintendent's Conference Day No School for Students	11 K-6 Grab N Go Cinnamon Toast Crunch Cereal & Graham Crackers or Bagel Bar Both w/Juice & Milk
14 K-6 Grab N Go Cinnamon Toast Crunch & Graham Crackers or Bagel Bar Both w/Juice & Milk	15 K-6 Grab N Go Cocoa Puff Cereal & Graham Crackers or Blueberry Muffin Both w/Fruit & Milk	16 K-6 Grab N Go Honey Nut Cheerios & Graham Crackers or Bagel Bar Both w/Juice & Milk	17 K-6 Grab N Go Lucky Charms & Graham Crackers or Chocolate Chip Muffin Both w/Fruit & Milk	18 K-6 Grab N Go Cinnamon Toast Crunch & Graham Crackers or Mini Pancakes in a bag Both w/Juice & Milk
21 K-6 Grab N Go Cinnamon Toast Crunch & Graham Crackers or Bagel Bar Both w/Juice & Milk	22 K-6 Grab N Go Cocoa Puff Cereal & Graham Crackers or Blueberry Muffin Both w/Fruit & Milk	23 K-6 Grab N Go Honey Nut Cheerios & Graham Crackers or Bagel Bar Both w/Juice & Milk	24 K-6 Grab N Go Lucky Charms & Graham Crackers or Chocolate Chip Muffin Both w/Fruit & Milk	25 K-6 Grab N Go Cinnamon Toast Crunch & Graham Crackers or Mini Pancakes in a bag Both w/Juice & Milk
28 K-6 Grab N Go Cinnamon Toast Crunch & Graham Crackers or Apple Frudel Bar Both w/Juice & Milk	29 K-6 Grab N Go Cocoa Puff Cereal & Graham Crackers or Blueberry Muffin & Yogurt Both w/Fruit & Milk	30 K-6 Grab N Go Honey Nut Cheerios & Graham Crackers or Bagel Bar Both w/Juice & Milk	Menu Subject to Change per Food Service Department	

Argyle Central School September Virtual Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <i>Family Member must pick up at school at 9:30 am in the Fishbowl</i>	2	3	4
7 <i>Labor Day School Closed</i>	8 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	9 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	10 <i>Superintendent's Conference Day</i> <i>No School for Students</i>	11 No Virtual
14 <i>Breakfast:</i> Bagel Bar, Apple Juice, White Milk <i>Lunch:</i> Cheese Pizza, Garden Salad, Chilled Fruit Cup, Chocolate Milk ♥	15 <i>Breakfast:</i> Muffin, Graham Cracker, Chilled Fruit Cup, White Milk <i>Lunch:</i> Chicken Nuggets w/dinner roll, Green Beans, Chilled Fruit Cup, Chocolate Milk ♥	16 <i>Breakfast:</i> Cereal, Graham Crackers, Apple Juice, White Milk <i>Lunch:</i> French Toast Sticks, Sausage Patty, Hash Brown, NY Grape Juice ♥ Chocolate Milk ♥	17 <i>Breakfast:</i> Pancake & Sausage on a stick, Chilled Fruit Cup, White Milk <i>Lunch:</i> Chicken Caesar Salad, Dinner Roll, Ranch Dressing, Chilled Fruit, Chocolate Milk ♥	18 <i>Breakfast:</i> Pancakes, apple juice, white milk <i>Lunch:</i> Make your own sandwich, Tuna Salad, Bread Chips, NY Cucumbers & Apple ♥ Chocolate Milk ♥
21 <i>Breakfast:</i> Bagel Bar, Apple Juice, White Milk <i>Lunch:</i> Chicken Nuggets & Dinner Roll, Carrots, Chilled Fruit Cup, Chocolate Milk ♥	22 <i>Breakfast:</i> Muffin, Graham Cracker, Chilled Fruit Cup, White Milk <i>Lunch:</i> Chicken Fajita meat served with flour tortilla, Cheese, Corn, Sour Cream, Black Beans, Chilled Fruit Cup, Chocolate Milk ♥	23 <i>Breakfast:</i> Cereal, Graham Crackers, Apple Juice, White Milk <i>Lunch:</i> Buffalo Chicken Salad, Dinner Roll, Ranch Dressing, Chilled Fruit, Chocolate Milk ♥	24 <i>Breakfast:</i> Pancake & Sausage on a stick, Chilled Fruit Cup, White Milk <i>Lunch:</i> Hamburger on Whole Wheat Bun, Green Beans, NY Apple ♥ Chocolate Milk ♥	25 <i>Breakfast:</i> Pancakes, Apple Juice, White Milk <i>Lunch:</i> Personal Pan Pizza, Fresh Garden Salad, Chilled Fruit Cup, Chocolate Milk ♥
28 <i>Breakfast:</i> Apple Frudel Bar, Apple Juice, White Milk <i>Lunch:</i> Chicken Nuggets & Dinner Roll, Baked Beans, Chilled Fruit Cup, Chocolate Milk ♥	29 <i>Breakfast:</i> Muffin, Yogurt, Chilled Fruit, White Milk <i>Lunch:</i> Chicken Alfredo w/ pasta, Garden Salad, Bread Stick, Chilled Fruit, Chocolate Milk ♥	30 <i>Breakfast:</i> Cereal, Graham Crackers, Apple Juice, White Milk <i>Lunch:</i> Buffalo Chicken Dip, nacho chips, Celery Sticks or Corn, Chilled Fruit, Chocolate Milk ♥	♥ NY Product	<i>Menu Subject to Change per Food Service Department</i>